NEW PROJECTS



BREAD FOR THE WEEKEND - FEEDING THE FORGOTTEN IN KOREAN SLUMS

The Order of Malta Korea kicked off the first delivery of 'Bread for Weekend' to the forgotten neighbours as its first activity in 2019.

The project is another initiative by Members in Korea to address critical urban poverty for the neighbours in various slums in the city of Seoul.

The Order of Malta Korea funded the setup of the 'Bread for the Weekend' bakery in a small property that belongs to Sisters of Mary. Going forward, this project will be carried out in a collaborative structure, with the Order of Malta Korea supplying the bakery material and delivery of the baked bread, while the Sisters of Mary will give their hands to the

baking the nutritious bread.

The first delivery was made to 300 slum residents to ensure they weren't hungry over the first weekend of the new year.



JACKET FOR LIFE – PROVIDING PROTECTION FOR HOMELESS IN SEOUL, KOREA

The 'Jacket for Life' project aims to help the homeless by providing protection from the cold. The jacket is designed to have the function of a sleeping bag and has a buckle strap on the wrist for the homeless to carry the jacket easily.

Before Christmas, Members and volunteers of the Order of Malta Korea Jackets distributed 300 Jackets for Life to the homeless in Seoul. The project will be an ongoing annual activity, with plans to expand the distribution area.



PROVIDING LIFESAVING EQUIPMENT AND TRAINING TO COMMUNITIES IN THAILAND

A new project to provide life-saving equipment and training to local communities has been initiated by the Order of Malta Thailand.

Members donated an Automated External Defibrillator (AED) Unit with training for parishioners to Holy Redeemer Church, Bangkok as a pilot project to provide the much needed lifesaving tool to communities.

Installation of more AED in churches of the Archdiocese of Bangkok are on the way after the assessment of the Pilot Project

More pictures, videos and information about these new projects are available at www.orderofmalta.org.au

ORDER OF MALTA'S 48TH ASSOCIATION ESTABLISHED IN HONG KONG

After establishing its Singapore association in 2006, the Order of Malta has continued to increase its presence in the Asia Pacific region. On 17 October 2018, the Sovereign Council approved the creation of the Hong Kong association. This is the Order of Malta's 48th national association worldwide, the fourth in Asia Pacific after Singapore, Australia (est: 1974) and Philippines (est: 1957).

The new association has 23 members, of whom 15 are knights and 8 are dames.

Their charitable works includes the management of various programs for families living below the poverty line and cooperates with other local associations in assisting children with special educational needs.



2018: A YEAR IN REVIEW

2018 was quite a year for the Order of Malta Australia. Our national projects went from strength to strength and our regional projects and activities grew substantially.



Visit www.orderofmalta.org.au to see a highlights video of our activities in 2018.

Thanks to everyone who has supported our activities. We look forward to your continued support in 2019 and beyond.



READ MORE ONLINE

- President of the Order of Malta Korea has audience with Pope Francis
- Ordination of new Bishop of Darwin Diocese Charles Victor Emmanuel Gauci
- Meet our new Chaplain: Rev Dr Kevin Lenehan
- * Adelaide Fundraising Movie Night Picture Gallery
- Malteser International receives WHO certification for its Emergency Medical Team
- ★ Fighting Leprosy in Cambodia
- Order of Malta Korea General Assembly and Board Elections
- Picture Galleries: 2018 Lourdes Day Masses in Melbourne and Sydney
- ★ Update: Malteser International response following Indonesian tsunami

Visit www.orderofmalta.org.au

Learn about activities as they happen. Follow us:



7.0

orderofmaltaau



@orderofmalta.org.au



The Australian Association of the Order of Malta 33 - 37 West Street, Darlinghurst, NSW 2010 Telephone: +61 2 9331 8477 | info@orderofmalta.org.au www.orderofmalta.org.au

The Order of Malta (ABN 37 142 209 121) is a Public Benevolent institution and is endorsed by the Australian Tax Office as Deductible Gift Recipient. Licence: SA - CCP3236, WA - 21310





ORDER OF MALTA MEDICAL CLINIC CELEBRATES FIRST ANNIVERSARY

After years of planning, on 8
November 2017, the Order of Malta
Medical Clinic in Timor-Leste
opened its doors to patients. A
year later, the Clinic's exceeded all
expectations, with 18,000 patients
treated and 75% of the three year
operational plan achieved within
twelve months.

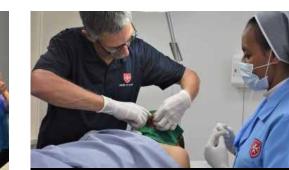
To celebrate and commemorate the Clinic's first anniversary, staff scheduled a week-long wellness program for patients that included hypertension and diabetes screening and a series of health education sessions.

On the anniversary of the Clinic's inauguration, there was a celebration of the Holy Eucharist at the Clinic, with H.E. Archbishop Joseph Marino, D.D., Apostolic Nuncio for Timor-Leste as the main celebrant. In attendance were clinic staff, members of the Order of Malta, local dignitaries and representatives from other health organisations.

A dinner-reception followed the liturgy, held at Hotel Timor, where the contributions of the staff, volunteers and supporters were formally recognised and guests and the clinic team were able to socialise and celebrate.

Visit www.orderofmalta.org.au for more details from the celebrations, including a video and picture gallery, and latest news from our Clinic, including;

- Over 800 children in Bebonuk benefit from campaign against Intestinal Parasites
- Handover of Donated
 Pharmaceuticals to the Order
 of Malta Clinic from H.E.
 Amb. Simona Halperin, Israel
 Ambassador to Singapore
 and Timor-Leste
- Order of Malta Clinic: United in commemorating World Aids Day



FIRST YEAR ACHIEVEMENTS

- 18,000 patients attending in the first year (clinic currently averaging 70 each day)
- Signing an MOU with the Ministry of Health within 6 months of operation
- Antenatal Care and immunisation programs implemented
- Malnutrition program enhanced by being a centre for distribution of supplemental food for malnourished children and pregnant women
- Outreach program in collaboration with government and NGO agencies



HOW YOU CAN HELP

The Order of
Malta Medical
Clinic offers

free basic primary out of hospital medical care and health education to financially disadvantaged Timorese.

It is the biggest project of the Order of Malta in the Asia Pacific region and is funded by donations.

To help us continue our valuable work, see page 5 for details.

VOLUNTEER PROGRAM PUBLISHES

OVER 1,000 BIOGRAPHIES FOR TERMINALLY **ILL PATIENTS**

Since 1992, Members of the Order of Malta in Victoria Australia have been involved in home based palliative care services in Melbourne and are currently partners in the **Easter Palliative Care Association** (EPC). EPC provides both terminallyill clients and their families with medical and nursing services, psycho-social (social work, counselling, volunteers, music and massage therapy) and spiritual support.

One of the more unique services provided is the Biography Program. This initiative, undertaken by volunteers, gives each client the opportunity to be seen, to be heard and to be valued.

"The thing I have enjoyed the most is my biographer's ability to make my achievements in life seem very

For clients engaging in the biography process, the telling of one's story is often therapeutic. It is an opportunity to reflect and reminisce on their life, and in this way, validate their achievements and give meaning to a life lived. Many participants see biography as a means of leaving messages, beliefs, philosophies, instructions and family history. All of this can contribute to a more peaceful and accepting death on behalf of the

"I love my biography - I keep reading it. It was great retelling the past. My children and grandchildren will love it. I mostly did it for them, but when I read it, I feel so much joy and satisfaction."

The Biography Program also allows the client to place the current medicalised experience of a palliative illness back into the broader context of their lives – to understand their



"Why would I bother with a biography? Surely that was an activity reserved for celebrities with sordid tales to tell, or the elderly with their vears of wisdom and tales of long ago?

An advanced breast cancer diagnosis at 39 changed all of that. Suddenly it was imperative that my children remember me: that they know how much I love them; and that they know about the wonderful life I have lived. and am still living."

Visit www.orderofmalta.org.au to read the full account of biography client, Kristy Pittaway.

current role, as a care recipient, is not what ultimately defines them. It allows each client to reconnect with the essence of who they are and remember they are larger than their diagnosis. Clients who engage with this program report a rise in a sense of wellbeing and decreases in levels of depression, anxiety, breathlessness and pain.

"A record has been made of my life, something ordinary and common place but unique to me. It is something I would not have done on my own – good intentions, but I put things off while getting on with the business of living. Biography has helped me face issues that have been buried for years - to look at."

Importantly, the biographies do not only help the clients. Families in the bereavement phase often report how valuable and meaningful the biography is to them. Material from the biographies are often used in eulogies and, in numerous cases, families have been known to print additional copies and send them around the world to family and friends.

"It helped to release feelings and emotions, reflections, future thoughts/emotions and closer bonds

Owning the biography is a way of continuing bonds being fostered for those who are left behind.

"It has given us great relief and makes us feel that we all still have a close connection with him. The biography helped give us closure and the ability to look back on aspects of his life. One of the most precious parts is the messages we received from him

in the biography and his feelings and thankfulness for his life and his family."

Volunteer biographers commit considerable time to this program and consistently participants report the most enjoyable aspect of the biography process is the regular interaction between themselves and their biographer. Using digital voice recorders, volunteer biographers assist clients to record their story. Later this is transcribed, focusing on maintaining the client's voice and editing only when necessary All stories are worked on by the biographer and the client with a constant checking and rechecking occurring at each visit. It takes between six – ten visits to collate one story and published stories have ranged in length from two pages to 170 pages.

The final piece can be presented in varied ways and enhanced with photos, drawings, poems or other mementos. Each client is given two hard copies and one electronic copy of their story.

In 2018 EPC's Volunteer Biography team won the Minister for Health Volunteering Award for 'Outstanding Achievement by a volunteer: Improving Patient Experience Award'

Currently there are 94 volunteer biographers and as of October 2018, over 1,000 biographies have been published.

The Order of Malta has seats on the Committee of Management of EPC and Members are volunteer biographers and engage in fundraising for the service.

WORLD DAY OF THE POOR 2018: PROMOTING INITIATIVES TO RAISE AWARENESS OF WORLD POVERTY

The Order of Malta responded to the invitation of Pope Francis to actively participate in this second World Day of the Poor. The 18th November 2018 was no different from any other day - except that our organisations around the world united with His Holiness himself, in prayer and action, to mark the need for a combined effort to reduce poverty.

To support and commemorate this special day, Members and volunteers of the Order of Malta engaged in additional activities to raise awareness of the shocking percentage of the world's population who live

below the poverty line.

In Sydney, Community Care Van volunteers gifted insect repellent to homeless recipients, in addition to the items normally distributed.

In Brisbane, Young Order of Malta Volunteers assisted Rosies with homeless outreach to distribute our Coats for the Homeless.

In Korea, the Lunchbox project added a slice of pumpkin rice cake to each lunch box distributed to residents of Seoul slums.



33rd Sunday in Ordinary Time.

Donations to support these charitable activities, that are undertaken year round to assist those experiencing poverty, can be made on page 5.

★ SAVE THE DATE ★

11 FEBRUARY

Lourdes Day Mass, St Francis Xavier's Cathedral, Adelaide at 10am

2 - 7 MAY

The 61st International Lourdes Pilgrimage

31 MAY - 2 JUNE Biennial Assembly 2019

17 AUGUST

Lourdes Day Mass,

in Sydney

St Paschal's Wavell Heights, Brisbane at 10am

23 - 26 OCTOBER

Asia Pacific Camp for Youth with Disabilities - Hong Kong

21 - 24 NOVEMBER

Asia Pacific Conference in Melbourne

7 DECEMBER

Lourdes Day Mass at St Mary's Cathedral, Sydney at 10am

7 DECEMBER

Lourdes Day Mass at St Patrick's Cathedral, Melbourne at 10.30am

7 DECEMBER

Lourdes Experience in Singapore 2pm to 7pm



Members of the Order continued their tradition of Christmas giving to the Sick and the Poor.

In Thailand Members donated 500 blankets to five Dioceses for the needy suffering from cold weather. They also spread Christmas joy by visiting and donating goods to Angel Home, a center caring for seriously handicapped children from slums; Home for Hope, a center for disadvantaged orphaned children: Comunita Incontro. a

center for disadvantaged hills tribe children and St. Clare Hospice, a center caring for needy terminally ill and dying AIDS patients.

In Sydney, residents at Gorman House Detoxification Unit and Tierney House Homeless Health Service were visited on Christmas Day by Members who brought gifts and spent time with patients to offer encouragement and companionship.



More pictures and details from these activities and other festive celebrations can be found at www.orderofmalta.org.au

I WANT TO HELP











You can make a donation by completing this form and returning it in the reply paid envelope provided.	Name
I am happy for the Order to allocate my donation to where the need is greatest; or	Address
I would like to support:	State Postcode Telephone
Coats for the Homeless	Please find enclosed a Cheque/ Money Order
☐ Community Care Vans	(payable to 'The Order of Malta') for \$
Order of Malta Medical Clinic, Timor-Leste	Please debit my credit card the amount of \$
Asia Pacific Camp for Youth with Disabilities	Frequency Once only Card Type Visa
REMEMBER, GIFTS OF \$2 AND OVER ARE TAX DEDUCTIBLE.	☐ Monthly ☐ MasterCard
Send me information about leaving the Order a bequestPlease remove me from your mailing list.	Credit Card Number
Donations will be allocated to projects as requested by the donor. However if the needs of a project have already	Expiry Date Cardholder name
been met, we will allocate funds to another Order of Malta charitable activity.	Signature X

Thank you to Gerard O'Donnell, Member of the Order and Biography volunteer for his contribution to this article.